



The Cuppa Care Bus aims to bring people together and tackle loneliness.

Whether you just want to get out of the house, to meet new people, or chat about something that's worrying you - we have friendly people on hand who can help. Come on your own or with a friend, you'll be more than welcome to join us for a cuppa and a chat!

> Contact us at cuppacarenorfolk @hearfornorfolk.org.uk or 01603 404440

Delivered by:



Norfolk and Waveney

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Norfolk Norwich **91**%

of UK adults think small moments of connection can make a difference to someone who feels lonely

\*Based on a YOUGOV PLC survey of 2,147 UK adults in September 2019.

## LOCATION:

Lathams of Potter Heigham Car Park, Bridge Street, Potter Heigham NR29 5JE

TIME:

From:1:00 pm To:3:00 pm

## DATES:

Wednesday, 24th May, 2023

Wednesday, 26th July, 2023

Wednesday, 27th September, 2023

Wednesday, 29th November, 2023

Wednesday, **24th January**, **2024** 

Wednesday, 27th March, 2024